



iKAPA

Capetonians have so much to be grateful for. **Tessa Barnes** says 'ahoy' to 2-0-0-9, Mother City style

IF YOU DO THREE THINGS...

1.

setting sail...

Heineken Cape To Bahia Yacht Race
3-7 January

Annually, a sea of colourful yachts enter this blue-water classic, which starts in Cape Town in January and finishes in Salvador, the capital of the state of Bahia, in Brazil. Watch out for some awesome action at the starting line just off the harbour breakwater. The fleet will then pass two compulsory marks off Granger Bay and Mouille Point, before heading north past Robben Island and on to Brazil. If sailing is your passion, then go find a crew position on a fast yacht and try your hand crossing the Atlantic! heinekencapebahia.co.za



MEET THE LOCAL...

Martin Myers

– publicist for a major record company (just one of the many hats he wears), Myers rubs shoulders with the big names of international music and likes to voice his irreverent opinions to sports fans (and those who will listen) on his early Saturday morning slot on radio Heart 104.9FM.



2.

giddy up!

L'Ormarins Queens Plate Horserace
10 January

For the 148th time, Kenilworth racecourse will be transformed into a setting where fashion, vintage cars, fine wine and the country's finest thoroughbreds take centre stage at one of the country's most prestigious annual racing events. Funds raised during the day will be donated to the Groom's School Trust and The Cart-Horse Protection Association. Visit lqp.co.za to find out about dress code, tickets prices and all the other bits you need to know!



Your most favourite out-of-the-city place to go?

Must be Cape Point on a wind-free day (if there is such a thing?).

What's cool in Cape Town?

Newlands cricket ground on New Year's day watching test cricket; walking from Kirstenbosch along the mountain with a group of friends to the upper cable station; surfing at Dunes; watching a full moon rise from the top of Lions Head.

Best place to shop?

Gardens Centre (Mill Street, Gardens). Hot international models frequent the centre in summer, everything under one roof.

don't miss this!

Southern Ink Xposure
23-25 January

CTICC, Cape Town

Cape Town makes its mark on the international skin ink calendar by hosting the first-ever international tattoo convention of its kind in South Africa. SixLove Events and Tattoos.com are proud to present Southern Ink Xposure (SIX): a series of events (tattoo convention, art exhibitions, documentary screenings, live collaborative art events, top-notch music concerts), celebrating global tattoo culture, spread over three days and featuring a collection of the world's finest tattoo artists under one roof. Check out tattoos.com/six

3.

Kaapse Klopse time!

2 January

The **Cape Town Minstrel Carnival** takes place every new year, through the streets of the city, when thousands (literally!) of musicians, singers, dancers and the public gear themselves for the traditional festivities that are a celebration of life and the new year. The minstrel parade on 2 January reflects the heart and soul of vibrant Cape Town. Call 021-761-5239 for more info.